Tikhatnu Tribal Alliance
For Young Families
Teen Parenting and Support
What we do:

Life Skills Classes

Find support for what you need and resources
Life Skills Classes

• Job Readiness: Resume building, interviewing skills, find network connections

• Family: Learn ways to enjoy family activities together: make and play games together

• Native Connections: Alaska Native Cooking classes, learn to make salmon spread, Eskimo Ice Cream and Fry Bread while learning to spend quality time with family

• Personal Health: Self-Care classes, wellness classes such as learn a new exercise, learn a new breathing technique, tips on taking care of your health and your family’s
Join us for our next project for the whole family.